

Football Tournament

Mon 21st - Wed 23rd February

11am- 2pm

>30 places

Venue: Greenford Sports Centre, Lady Margaret Rd, Southall, UB1 2NP

Calling all balers!! Come Along with a group of friends or come on your own and join a team to take part in this 5-aside football tournament at Greenford Sports Centre on the MUGA. Trophies and medals awarded to winners everyday.

13 –19 yrs

Cricket

Mon 16th- Fri 20th Aug

12pm - 2pm

>30 Places

Venue: Greenford Sports Centre, Lady Margaret Rd, Southall, UB1 2NP

Wherever you are a cricket regular and usually hit 6's or you have an Interest in cricket but have never played you are guaranteed to improve your game and learn new skills and drills at our cricket programme. So come along, join in the fun and work towards gaining an AQA in this fun environment.

13-19 Years

Sneaker Customisation Workshop

Thursday 24th – Friday 25th February

10am – 2pm

>12 places

Venue: Rectory Park Community Centre, Greenhill Gardens, Northolt, UB5 6SG

Come along to our sneaker customisation workshop where you will learn how to customise your sneakers using a variety of material so that your feet will stand out from the crowd. Feel free to bring along your own or walk away with a brand new pair of customised sneakers to impress your friends with!

13-19 Years

Music Production @ Bollo

Monday 21st – Friday 25th February

1pm – 5pm

>10 Places

Venue: Bollo Brook Youth Centre, Bollo Bridge Road, Acton, W3 8DG

Music Production- learn how to make beats, write and record lyrics and produce your own music, using the latest software and technology.

13-19 Years

Art and Design

Monday 21st – Friday 25th February

1pm – 5pm

Venue: Bollo Brook Youth Centre, Bollo Bridge Road, Acton, W3 8DG

Come along and take part in our specialist art & crafts sessions and explore your creativity

13 –19 yrs

Basketball

Monday 21st - Fri 25th February

12pm – 2pm

>30 places

Venue: Villiers High School MUGA's, Boyd Ave, Southall, UB1 3BT

Have you got an interest in basketball and would like to give it a go, or are you a basketball pro and fancy yourself as being the next big NBA superstar? Either way come along to our basketball programme where you will learn techniques and drills in this fast paced sport. Learn how to dribble the ball, as well as improving your shooting and ball control, whilst working towards gaining an AQA in this fun environment.

(Please note- only participants who complete the full 10 hours will receive the AQA)

13-19 Years

Dragon's Den

Monday 21st - Tuesday 22nd February

10am- 4pm

>15 Places

Venue: Featherstone High School, 11 Montague Way, Southall, UB2 5HF

You'll be set the entrepreneur task of designing a football stadium for the 2014 Football World Cup. On Day 1 you will be set a brief and then travel to **Wembley stadium**. On your return you'll need to design your stadium and then be given coaching in developing your presentation skills before being let loose in front of the dragons to pitch your idea. You'll be developing your ICT and Business skills in a sporting context.

13 –19 yrs

Floristry

Wednesday 23rd – Thursday 24th February

1pm - 4pm

>12 places

Venue: The London Lifeline Academy 72 - 74 Uxbridge Road, Hanwell, London W7 3SU.

If you have an interest in floristry design then come along to our workshop where you will be taught foundation floristry skills. This will include funky hand bouquets, outer space design, vase arrangement, candle centrepieces and working with floral foam to create flower frames. You will also have the opportunity to work towards gaining an AQA.

13 –19 yrs

Introduction to the Acoustic Guitar

Monday 21st – Friday 25th February

10.30am – 1pm

>10 places

Venue: Fashion and Development, 86 Northcote Ave, Southall, UB1 2AZ

Learn all the important chords and by the end of the week you will be playing one of your favourite songs all the way through.

13 –19 yrs