

FREE
COURSES
FOR AGES 13 – 19 YRS
(up to 25yrs for young people
with a learning difficulty or disability)
25TH – 29TH OCTOBER 2010

***Ealing Youth and
Connexions Service
October Half Term***

PAYP

***Monday 25th – Friday
29th October***

For ages 13 – 19.

All Activities are FREE!

▶ Go Karting ▶ Music Production ▶ Badminton
▶ Canvas Street Art ▶ Sneaker Customisation Workshop

Aims and Objectives

Our aim is to give young people the opportunity to find new interests and enhance existing skills, encouraging them to make positive contributions to their own lives and surroundings. We will be providing a wide variety of courses that will be fun and stimulating to engage in.

SPORTS

TENNIS

Wednesday 27th- Friday 29th October

>40 Places

1:30pm – 4pm

Villiers High School
Boyd Avenue, Southall, Middlesex, UB1 3BT
Come along and put your skills on show in games of doubles and singles and work your way up in a ladder competition which runs over three days. You can also work towards gaining an AQA accreditation in Tennis.

MULTI SPORTS ACTIVITIES WITH CROSSROADS CARE WEST LONDON

Monday 25th October >20 Places

4pm –8pm

Southall Activity Centre
Cranleigh Gardens, Southall, Middlesex, UB1 2BE
Crossroads Care West London will be running multi sports sessions with fully qualified coaches. Sports sessions include Boccia, Football, Table Tennis, Rounders, Cricket, Tennis and Volley Ball. These sessions are primarily aimed at young people with additional needs but all young people will have the opportunity to participate.

GO KARTING

Thursday 28th- Friday 29th October

>12 Places

Thursday 11am –1pm

Friday 10am- 3pm

Young Adult Centre
Park View Road, Southall, Middlesex, UB1 3HJ
Drive like Lewis Hamilton around this indoor complex in Aylesbury and feel like a rally driver for the day. Day 1 will be a fun packed workshop of team building and drug awareness sessions. Day 2 you will be go-karting at Aylesbury.
PLEASE NOTE YOU MUST BE ABLE TO ATTEND BOTH DAYS IN ORDER TO TAKE PART IN THE GO-KARTING.

Please meet at the YAC on Friday where a mini bus will take you to and from the venue.

ARTS

MUSIC PRODUCTION @ BOLLO

For all levels from beginner to intermediate

Monday 25th – Friday 29th October

>10 Places

1pm – 5pm

Bollo Brook Youth Centre
Bollo Bridge Road, Acton, London, W3 8DG
Music Production- learn how to make beats, write and record lyrics and produce your own music, using the latest software and technology.

Accreditation

PAYP promotes independent learning and allows young people to express themselves creatively. All courses have recorded outcomes, many are accredited and all students will receive certificates to recognise their achievements.

ARTS, CRAFTS & T-SHIRT CUSTOMISING @ BOLLO

Monday 25th October
>10 Places
1pm – 5pm

Bollo Brook Youth Centre
Bollo Bridge Road, Acton, London, W3 8DG
Come along and take part in a variety of contemporary arts & crafts based activities including screen-printing, t-shirt customising & spray painting, with the use of Imacs and Photoshop.

CANVAS STREET ART

Wednesday 27th- Thursday 28th October:
>15 Places
12am – 4pm

Rectory Park Community Centre
Green Hill Gardens, Northolt, Middlesex,
UB5 6SG

Come along to our graffiti workshop where you will learn the process of creating a graffiti mural from initial sketches to spraying.

SNEAKER CUSTOMISATION WORKSHOP

Thursday 28th- Friday 29th October
>15 Places
12am- 3pm

The Young Adults Centre
Park View Road. Southall. Middlesex, UB1 3HJ

Come along to our sneaker customisation workshop where you will learn how to customise your sneakers using a variety of material so that your feet will stand out from the crowd.

BANSKY GRAFFITI

Monday 25th October
>12 Places
12pm – 2pm

The Little Art Room
52 Boston Rd, London, W7 3TR

Be part of the Revolution!! Banksy has been doing it for years so why cant we? Design your own original stencil and using spray paint create a life-size graffiti style work of art on wood. Large piece of work so you may need help taking it home!

PUMPKIN CARVING

Friday 29th October
>12 Places
1:30pm – 3pm

The Little Art Room
52 Boston Rd, London, W7 3TR

Ever wanted to try sculpturing?
We are taking it to the next level.

Using a fun seasonal medium, carve and sculpture a pumpkin using templates or your own imagination and create an eerie piece of work in minimal time. All work can be taken home with you.

**Every participant needs to complete
a registration and consent form.**

**Registration and consent forms can be obtained
by calling 0208-825-5654 and leaving a clear
message with your full name and address
and/or phone number.**

The form will be sent out to you

**Young people should turn up to the venue
with completed registration and consent forms.
All courses will be filled on a first come, first served
basis so make sure you arrive early!**

**Please note that you will need separate registration
and consent forms for each individual venue.**